



CFUW Charitable Trust
La Fondation de la FCDU

Annual Report 2021-2022 Rapport Annuel



*I raise up my voice – not so I can shout but so that
those without a voice can be heard...we cannot
succeed when half of us are held back.*

Malala Yousafzai

cfuwcharitabletrust.ca

CFUW Charitable Trust / *La Fondation de la FCFDU*

THE CFUW CHARITABLE TRUST AND THE FELLOWSHIPS PROGRAM

In 1920, CFUW established the Fellowships Program. The awards were administered through CFUW until 1976 when the CFUW Charitable Trust was created as a separate entity to guide the awarding of Fellowships. The mandate of the Charitable Trust is:

To award fellowships to women university graduates for advanced study and research.

CFUW covered the cost of administering the Fellowships program until 2018 when their finances dictated that other arrangements were required. At that time the Trust took over the cost of the administering the program. CFUW and the Trust signed a MOU under which CFUW continued supporting aspects of the fellowship process for which they are remunerated. This arrangement will be in place until July, 2022.

DIVISION OF LABOUR BETWEEN THE CHARITABLE TRUST AND CFUW

The selection of the award recipients is done by volunteers on the Fellowships Committee with the coordination and assistance of the CFUW Fellowships Program Manager. The Trust has successfully integrated a software program into the selection process enabling on-line applications for the awards. The Board of Directors of the Charitable Trust are constantly working to streamline the fellowship process and reduce costs where possible. Significant changes will come in to effect in the upcoming year. The volunteers on the Fellowships Committee are essential to the success of the program and the Trust thanks them for their diligence and flexibility.

WHO PAYS FOR WHAT?

Each year, the CFUW Charitable Trust awards winners with funding from the donations that Clubs and individuals generously contribute as well as the income that is earned on capital.

The Trust has successfully moved to a process of awarding fellowships that relies on an on-line evaluation, promotion and will increase this on-line approach for identifying, supporting, approving and notifying applicants. The upcoming year will be the first in which there will be no cost for submitting an application.



Message from the Chair

Message de la présidente

Doris Mae Oulton

CFUW Charitable Trust 2021-2022 / La Fondation de la FCFDU

The pandemic continues to pose difficulties for us and many non-profits. It has accelerated changes in how the CFUW Charitable Trust can operate and we wrestle with the most effective way moving forward.

We know that the need for support for the young women of Canada has not lessened, if anything, it has increased as inflation and new ways of learning take their toll on how gaining a higher education takes place. We continue to struggle with our role in assisting them and in being in a position to carry this mission forward in to the future.

The new virtual decision-making process has been a success. Much as we all mourn the days of in-person meetings, both the CFUW CT Board and the Fellowship Committee have adapted to the virtual decision-making process. We continue to be grateful to the Chair of the Fellowship Committee, Charlotte Rigby, and with the excellent staff support from Betty Dunlop.

As well as the Fellowships, the CFUW CT provides the funds for CFUW Library Award. The submission from CFUW Parksville is this year's winner. This project aims to put a book into the hands of local children and allows them to keep it as a start of their own reading collection. The entry from CFUW Fredericton deserves honourable mention for their project that encourages reading local maritime authors.

The CFUW Library Award is chaired by Valerie Hume and the Trust is deeply appreciative of the work of this committee, which reports directly to the Trust. The dedication of these volunteers, as well as all the volunteers across the country who have held fund-raising events, vetted applications, and promoted the CFUW CT in a myriad of ways, is key to the ongoing success of the Trust.

The CFUW CT will hold a virtual AGM in the Fall on October 15 and we hope Clubs will be able to join us in the afternoon for an exciting speaker. We will keep you informed as details becomes firmer.

Thank you to all of the volunteers who have contributed so much throughout the years and thank you for your support!

La pandémie ne cesse de soulever des difficultés, pour nous comme pour de nombreuses organisations à but non lucratif. Elle a accéléré les changements dans le fonctionnement de la Fondation de la FCFDU et nous nous efforçons de trouver le meilleur moyen d'aller de l'avant.

Nous savons que le besoin de soutien des jeunes femmes du Canada n'est pas moindre; au contraire, il est peut-être plus grand encore compte tenu de l'inflation et de l'essor des nouvelles méthodes d'apprentissage en éducation supérieure. Nous continuons de composer avec la situation pour assumer

notre rôle et les assister, et pour être en mesure de poursuivre cette mission à long terme.

Le nouveau processus virtuel de prise de décisions a été un succès. Même si nous pleurons toutes l'époque des rencontres en personne, tant les membres du conseil d'administration de la Fédération de la FCFDU que du Comité des bourses se sont adaptées au processus virtuel. Nous sommes encore et toujours reconnaissantes à la présidente du Comité des bourses, Charlotte Rigby, ainsi qu'à Betty Dunlop pour son excellent soutien.

Outre les bourses, la Fondation fournit les fonds pour la Subvention des bibliothèques de la FCFDU. Le projet de la FCFDU de Parksville est le récipiendaire cette année. Le projet vise à mettre un livre entre les mains des enfants de Parksville et à les autoriser à le garder pour commencer leur propre collection de livres. Le projet soumis par la FCFDU de Fredericton, qui encourage à lire des auteurs locaux des Maritimes, mérite aussi une mention honorable.

La Subvention des bibliothèques de la FCFDU est présidée par Valerie Hume et la Fondation est très reconnaissante de tout le travail effectué par ce comité, qui fait directement rapport à la Fondation. Le dévouement de ces bénévoles – et de toutes les bénévoles du pays qui ont tenu des activités-bénéfice, qui ont examiné des candidatures et qui ont fait la promotion de la Fondation de la FCFDU d'une multitude de façons – est la clé du succès continu de la Fondation.

La Fondation de la FCFDU tiendra son assemblée générale annuelle virtuelle le 15 octobre prochain, et nous espérons que les clubs seront en mesure de se joindre à nous en après-midi pour écouter un conférencier des plus intéressants. Nous vous ferons part des détails dès que possible.

Merci à chacune des bénévoles qui ont tant contribué au fil des ans et merci de votre soutien!

Board Members

Membres du conseil

Chair / Présidente

Doris Mae Oulton

UWC of Winnipeg, Past National President CFUW



Trustees /Fiduciares

Kathryn Wilkinson

National President

CFUW

CFUW Mississauga



Charlotte Rigby

CFUW Ottawa



Marlene Bristol

Treasurer

CFUW Oakville



Kathy Wosnick

CFUW Liaison

CFUW Aurora/Newmarket



Ruth Weaver

Assistant Treasurer

CFUW Mississauga



Sharon Crabb

CFUW Fredericton



Winners for the Academic Year

2022-2023

Les boursières pour l'année universitaire

CFUW Aboriginal Women's Award Now known as the CFUW Indigenous Women's Award.

"I am very grateful to the CFUW for awarding me with this incredibly generous award. Supporting women in research, and especially Indigenous women in research, is valuable as we bring forth unique perspectives and can inform meaningful change in the research community. I plan to continue pursuing research endeavours that affect change for women in my communities and positively impact women's health outcomes through a holistic lens."



Arielle Bieniek
M.D., 2020-2024,
University of Manitoba

« Je suis très reconnaissante à la FCFDU pour cette bourse incroyablement généreuse. Soutenir les femmes qui font de la recherche, et en particulier les femmes autochtones qui font de la recherche, est bénéfique puisque nous apportons des perspectives uniques et que nous pouvons engendrer des changements réellement pertinents pour la communauté des chercheurs. Je compte continuer de mener des recherches qui ont un effet sur les femmes de mes communautés et qui ont un impact positif global sur la santé des femmes. »

Arielle's research project focusses on improving the standard of care for birthing parents who are at risk of delivering pre-term by identifying optimal timing for antenatal corticosteroid (ACS) administration. ACS are used to develop premature babies' lungs and improve their survival outcome. She seeks to inform new guidelines that evaluate what symptoms and measurements are most important and influential at predicting if birthing parents will deliver preterm and require ACS to improve ACS stewardship and health outcomes across Canada.

CFUW Dr. Margaret McWilliams Pre-Doctoral Fellowship \$11,000



Tasha Jawa
M.D./Ph.D., Neuroscience,
2020-2027, Queen's University

CFUW Memorial Fellowship \$8,000



Megan Buers
M.Sc., Biology, 2022-2024,
UBC/Okanagan

CFUW Linda Souter Humanities Award \$6,000



Allison Bennett
Ph.D., History, 2017-2023,
Memorial University

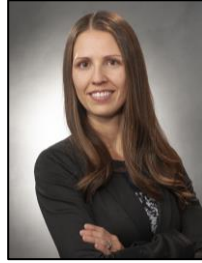
For details about the winners' research, visit the CT website: www.cfuwcharitabletrust.ca

CFUW Dr. Alice E. Wilson Awards \$20,000 4 awards of \$5,000



Raafia Shahid

Master of Public Policy, 2022-2024, University of Toronto



Michelle Tilford-Shaw

Master of Environment and Sustainability, 2021-2023, University of Saskatchewan



Carolyn Bonta

Ph.D., Geography and Planning, 2018-2023, Queen's University



Kathleen Murphy

Ph.D., Social Policy and Intervention, 2021-2025, University of Oxford

CFUW 1989 École Polytechnique Commemorative Awards \$19,000

Ph.D. \$7,000



Christina Cantin

Ph.D., Nursing, 2020-2024, Queen's University

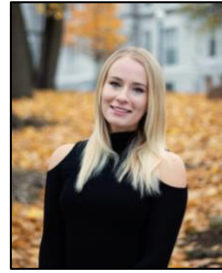
Ph.D. \$7,000



Casey Oliver

Ph.D., Psychology, 2021-2025, Lakehead University

Masters \$5,000



Kiera Liblik

M.Sc./M.D., 2019-2024, Queen's University

CFUW Bourse Georgette LeMoyne \$5,000



Élisabeth Arsenault

Masters in Anthropology, 2021-2023, Université Laval

Ruth Binnie Fellowship \$6,000



Lauren Kelly

M.Phil, Early Modern History, 2022-2023, University of Cambridge

CHEA Fellowship \$6,000



Julia Moreau

Ph.D., Clinical Psychology, 2022-2026, Queen's University

CFUW Elizabeth & Rachel Massey Award \$5,000



Ève L'Heureux

Master of Art Conservation, 2022-2023, Queen's University



Fellowships Committee Volunteer Reviewers

Charitable Trust Fellowships support postgraduate studies for a Masters, Ph.D., or equivalent degree. The one exception is the *CFUW Aboriginal Women's Award* for a Canadian indigenous woman studying in Canada for a first degree in a specific field such as Medicine, Optometry, Nursing, or Law, or a Master's degree program on current Canadian indigenous issues. For the next cycle of funding, it will be known as the CFUW Indigenous Women's Award.

Our committee members are volunteers from CFUW Clubs across Canada. We come from a variety of academic backgrounds, careers, and life experience, and bring different perspectives to committee discussions.



Madeline Kalbach, Ph.D.
CFUW Calgary



Patricia McCuaig, M.M.S.
CFUW Richmond



Adell Hay, Ph.D.
CFUW Kanata



Jane Cowell-Poitras
B.Admin., Montreal
Lakeshore UWC



Dominique
Racanelli, B.A.
UWC Montreal Inc.



Sandra Thomson, B.A.
CFUW Kincardine
Secondary Club:
CFUW Oakville



Charlotte Rigby, Ph.D.
Chair
CFUW Ottawa



Sharon Crabb, Ph.D.
CFUW Fredericton



Jocelyne Blais, Ph.D.
CFUW Sherbrooke &
District



Sandy Burger, Ph.D.
CFUW Kanata

This year the Charitable Trust awarded 15 Fellowships for the 2022-2023 academic year. We received 171 online applications (52 in French) for review and evaluation using the system *SurveyMonkey Apply*, and we conducted 12 ZOOM meetings.

We awarded Fellowships with a total value over \$90,000, supporting scholars and researchers in a variety of fields: biology, ecology, molecular technology, chemistry and engineering, sociology, statistics, history, gender studies, education, and more. We were impressed by the high quality of all the applications, and by the achievements and potential of all these outstanding Canadian women. We feel privileged to contribute to CFUW support for their achievements and future careers.

We thank the Charitable Trust Board members for their ongoing support, and we especially thank Fellowships Program Manager Betty Dunlop for her exceptional guidance, support, and expertise during this important and exciting initiative.

-Charlotte Rigby, Chair

2021-2022

CFUW Library Award

Winner 2022

Events Highlights

The winner of the CFUW Library Award is **The Wonderful World of Books**. CFUW Parksville Qualicum was the nominating CFUW Club.

In the midst of a pandemic, 95 year old Eva Hilborn, a founding member of CFUW Parksville Qualicum, lifelong learner and champion of early childhood education wondered how she might help her community on Vancouver Island in promoting the value of early childhood literacy. In May 2021, Eva created **The Wonderful World of Books** with the intent of ensuring every three year old living within Qualicum School District 69 (the geographic area where Eva resides on Vancouver Island) would receive a new book each month for two years. Each child in the area would receive 24 new, age appropriate books prior to beginning kindergarten.

Research shows reading and sharing stories can help children get to know sounds, words and language, and develop early literacy skills; learn to value books and stories; spark children's imagination and stimulate curiosity and help develop children's brains, ability to focus, concentration, social skills and communication skills.

Eva believes that all children should be introduced to books at an early age and that all children should have a library of books of their very own. **The Wonderful World of Books** was created to ensure that all three year olds would start kindergarten with their own library having received 24 new books and been introduced to the joy of the written word, the sense of the flow of language and the use of illustrations to promote expression and feeling for the meaning of each word.

The goal was to have 100 three year olds registered by January 1, 2022. Goal achieved and more! On January 15, 2022, the first book to be delivered was Bill Martin's 'Brown Bear, Brown Bear'- 130 children were registered! Twenty volunteers delivered the books to the children's homes. In September 2022, registration will begin for the next set of three year olds.

The Wonderful World of Books is a registered charity with a board of directors – all volunteer positions. It is the hope that Eva Hilborn will remain chair of Wonderful World of Books for many years; however, a succession plan has been established that the vice president will move into the role of chair when needed. It is Eva's desire that **The Wonderful World of Books** will remain operating within Qualicum School District 69 for many years.

You are invited to watch a wonderful video clip of an interview with Eva Hilborn. Click on the link below to open the charity's website and go to <Media> on the home page.

www.thewonderfulworldofbooks.com

The CFUW Library Award was created to promote literacy and learning by supporting innovative approaches, encouraging community involvement and advocating for the Canadian library system. The amount of the award is normally \$4,000 and is set by the CFUW Charitable Trust budget. It is awarded biennially. Each submission must be nominated by a CFUW Club local to the applicant. The next award will be presented in 2024.



Treasurer's Report

Rapport de la trésorière

Marlene Bristol

CFUW Charitable Trust 2021-2022 / *La Fondation de la FCFDU*

The Trust is extremely grateful for the generosity of Clubs, Members and friends who have contributed over the past year. In particular we must thank individual members and Clubs who have donated in memoriam.

Erin Gendron, is our main point of contact with CrossPoint Financial, IA Private Wealth (formerly Hollis Wealth) and is responsible for the day-to-day management of the investments. We appreciate her expertise and diligence through the past difficult year which saw many of us working from home.

As of May 2, 2022, the investment portfolio has had a positive return of 4.5% over the last year. We are in a very different economic environment than we were one year ago. Starting at the beginning of this year Central banks and Governments have begun tightening monetary and fiscal policy in response to rising inflation. This is mainly due to supply chain disruption and pent up consumer demand as the COVID pandemic wanes in most parts of the world. The US 10 year treasury yield has risen to 2.917%. Unemployment continues to fall, the average consumer and business both have a healthy balance sheet, and reopening demand for goods and services should continue to be supportive for the economy.

The portfolio is well diversified for a variety of economic outcomes with a mix of debt instruments, (preferred shares, money market, bonds, GIC's and cash), and high quality, dividend paying Canadian and US common shares. As always, we welcome inquiries regarding the details of the holdings.

Complete financial statements can be found on the Charitable Trust website:

www.cfuwcharitabletrust.ca

You will note that we are no longer listing Clubs who have contributed to the Trust. Many members have chosen to contribute individually, rather than contribute to a total donation from their club. Because these members received individual tax receipts from the Trust, their club might not have been listed. The Board felt that the list did not truly represent the generosity of CFUW Clubs and members; often Clubs and/or individuals believed that they had been omitted. This was never our intention.

La Fondation est extrêmement touchée par la générosité des clubs, des membres et des amis qui l'ont appuyée au cours de la dernière année. Nous devons en particulier remercier les membres et les clubs qui nous ont consenti des dons planifiés.

Erin Gendron, notre principal contact à la CrossPoint Financial, IA Gestion privée de patrimoine (auparavant Patrimoine Hollis), s'occupe de la gestion courante de nos investissements. Nous apprécions son expertise et la diligence dont elle a fait preuve au cours de cette dernière année, qui n'a pas été facile et qui en a forcé plusieurs parmi nous à travailler de la maison.

Au 2 mai 2022, le portefeuille d'investissement affichait un rendement positif de 4,5 % par rapport à l'année dernière. Nous sommes dans un environnement économique très différent d'il y a un an. À compter du début de l'année, les banques centrales et les gouvernements ont commencé à resserrer les politiques monétaires et budgétaires en réponse à la montée de l'inflation. Cela est particulièrement dû aux perturbations de la chaîne d'approvisionnement et à la demande refoulée des consommateurs alors que la pandémie faiblit un peu partout dans le monde. Le rendement des obligations du Trésor américain à 10 ans a monté à 2,917 %. Le chômage continue de baisser, le consommateur moyen et les entreprises affichent un bilan sain, et la reprise de la demande de biens et de services devrait continuer de soutenir l'économie.

Le portefeuille est bien diversifié pour produire une variété de résultats économiques, avec une combinaison de titres de créances (actions privilégiées, marché monétaire, obligations, certificats de placements garantis et liquidités) et des actions ordinaires canadiennes et américaines avec dividendes de qualité supérieure. Comme toujours, nous pouvons fournir des renseignements sur les placements.

Les états financiers détaillés peuvent être consultés sur le site Web de la Fondation de la FCFDU : cfuwcharitabletrust.ca.

Vous aurez remarqué que nous ne dressons plus la liste des clubs ayant contribué à la Fondation. Plusieurs membres ont décidé de contribuer personnellement plutôt que collectivement avec un don total de leur club. Ces membres individuelles ayant reçu de la Fondation un reçu aux fins d'impôt, il aurait été possible que leur club ne figure pas sur la liste. Le conseil d'administration était d'avis que la liste n'était pas représentative de la générosité des clubs et des membres de la FCFDU, et certains clubs ou personnes ont pensé avoir été oubliés. Cela n'a jamais été notre intention.

How You Can Help the CFUW Charitable Trust

Provide a Gift in Honour - Celebrate or honour someone special by providing a gift...

Plan, Host, or Attend an Event - Participate in a fundraiser to benefit the Charitable Trust...

An example is the Indigenous Issues: Calls to Action CFUW webinar organized by the Indigenous Peoples Sub-Committee.

During the webinar, the organizers asked attendees, as a gift in recognition of the panelists, to consider a donation to the Charitable Trust Fellowships and Awards to go towards the CFUW Aboriginal Women's Award (AWA).

In March 2015, the Education Council-Wolfville transferred the proceeds of their education fund to the CFUW Charitable Trust to establish a new award, the CFUW Aboriginal Women's Award (AWA). The value of this award is \$10,000 to \$25,000. The AWA is awarded to a Canadian Aboriginal woman studying in Canada. This award will now be known as the CFUW Indigenous Women's Award.

An event that is missed by supporters due to COVID-19 pandemic is the ever-popular Shaw Festival Fundraiser.

Usually held in May, the Shaw fundraiser has been cancelled until further notice. CFUW members and friends look forward to attending a matinee performance and raising money for the Charitable Trust fellowships and awards fund in the coming year.

Join the Monthly Friendship Plan - Be a monthly donor with automatic instalments (to CFUW Charitable Trust) on-line through CanadaHelps.org...

Make a Direct Donation - by cheque, at any time, payable to the CFUW Charitable Trust, 2321 Ravine Gate, Oakville, ON L6M 4R1...

Legacy Planning - Charitable will bequests are the means by which ordinary people create extraordinary gifts. Look for the CT brochure...



Canada's platform for donating and fundraising online
Make a monthly or one-time donation to the Trust

www.cfuwcharitabletrust.ca

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